

Are you at risk?



EasyRead version



If you are at risk, you should get help quickly.



On this page you need to choose a button to say you are at:

- high risk



- medium risk



- lower risk



If you are at harm right now, choose the high risk button. High risk means you are at risk right now of harm, abuse or you cannot feed yourself or need urgent help.



If you are not at harm right now but finding it hard to look after yourself from day to day choose the medium risk button.



If your need is not urgent but you need help to get care, choose the lower risk button.

Credits



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